



Steps to becoming a Lifeguard

Build your resume for Life!

Lifeguards & Instructors are in high demand! Going after a job in aquatic recreation is a rewarding investment in yourself and your future.

Recognized as the standard measure of lifeguard performance in Canada, NL education is designed to develop a sound understanding of lifeguarding principles, good judgment, and a mature and responsible attitude toward the role of the lifeguard.

Traditionally, many university students will pay their way through school by lifeguarding. Through lifeguarding students gain valuable job experiences, which can improve their chances of securing other employment later on.

It is also important to note that the face of the aquatics industry has changed. The increase of year round aquatic facilities throughout the country can provide permanent, full-time job opportunities in aquatics and recreation for those who choose aquatics as a career path.

This exciting, well paying field is filled with opportunities for self-development and career advancement. Pursuing this satisfying career will not only make a difference in your life but in the lives of others.

- [Bronze Star](#) (Not required, but recommended)
- [Bronze Medallion](#)
- [Bronze Cross](#)
- [Standard First Aid or Aquatic Emergency Care](#)
- [National Lifeguard - Pool Option](#)

In addition to holding an NL (National Lifeguard), pools may require additional certifications such as [Lifesaving Instructor](#). The Lifesaving Society recommends that individuals contact potential employers for complete details and certifications required to apply for aquatic positions.

Everyone deserves a [job](#) they love. Go after yours today!