

# NANTON

EST



1903

## BE PREPARED

Individuals and families should be prepared to take care of themselves for at least 72 hours.

The following steps will assist you in building your preparedness plan.

**KNOW THE RISKS:** Knowing the risks and hazards can help and your loved ones prepare for the unexpected.

- Identifying the risks and hazards near you and understanding your risk to them is an important step to being prepared, so you can better navigate disruptions when they occur and get back to your life and work sooner.

**MAKE A PLAN:** A plan will help you cope with the stress of an emergency or disaster.

- Familiarize yourself with evacuation routes, community shelters, and local emergency services.
- Determine how and where you will evacuate if necessary and practice your plan with your family

**BUILD A KIT:** By taking a few simple steps you can become better prepared to face a range of emergencies.

- Be sure your kit includes a battery- powered/crank radio/flashlight or weather radio in case of a power outage. Store your emergency kit in a location that's easy to grab and take with you in case of an emergency.
- Essentials: Include water, non-perishable food, a first-aid kit, medications, a flashlight, and any other items specific to your family's needs etc.

**STAY INFORMED:** Identify your trusted sources of information.

- Local news and community websites are great places to start. If social media is your preferred source of information, make sure the channel is a trusted source.
- Town of Nanton website and facebook page, Sun Country Radio, The Hub Radio, Alberta emergency alert etc.

**TOWN OF NANTON**

**1907 - 21 Avenue, Box 609,**

**Nanton, Alberta T0L 1R0**

**Phone: 403-646-2029 Fax 403-646-2653**

# KNOW THE RISKS



- ❖ Flood Preparedness
- ❖ Tornadoes
- ❖ Extreme Winds
- ❖ Wildfires
- ❖ Severe Weather
- ❖ Power Outage
- ❖ Water Shortage
- ❖ Blizzards, Freezing Rain, Ice Storms
- ❖ Major Road Accident (Vehicular, Hazmat)



## SEVERE WEATHER

- In extreme high winds, go to the basement or to a small interior room in the center of the building on the lowest floor, such as a closet, bathroom, or hallway. If this is not an option, take cover under a stairway or sturdy table and use a soft item, such as a cushion or mattress, to protect your head.
- Stay away from windows, doors, exterior walls and fireplaces. Avoid buildings with large, unsupported roofs like arenas, supermarkets, and barns.
- You may want to go to the sheltered area that you and your loved ones have chosen in your emergency plan.
- Stay up to date on the situation by listening to updates from local authorities.

## POWER OUTAGE

- If the power is still on in your neighborhood but not in your home, check your breaker.
- Call your utility provider to determine if the interruption is widespread or only affecting your property.
- Leave one light on the inside and one light on the outside so you and the utility worker will know when power has been restored.
- Don't use any household appliances that require water.
- In cold weather, select one room to use until power is restored.

## WILDFIRE

- Learn FireSmart methods and share them with members of your community.
- Remove items that can burn from within 1.5 metres (5 feet) of your home, such as: dried branches, leaves, lawn furniture, firewood and debris.
- Install smoke detectors and carbon monoxide alarms on every floor and near sleeping areas.
- Keep a sprinkler in an easy to access location.
- Be careful when smoking outside, extinguish fire pits and burn barrels, and obey local fire bans.

## WATER SHORTAGE

- Building water reduction habits into daily routines will help you navigate shortages more easily.
- Draw a map to identify the location of the main water shut-off valve on your property.
- List individual fixtures and appliances that have independent water valves and include instructions on how to turn them off and on. Include household members so everyone knows how to turn off the water. Follow local bylaw restrictions.

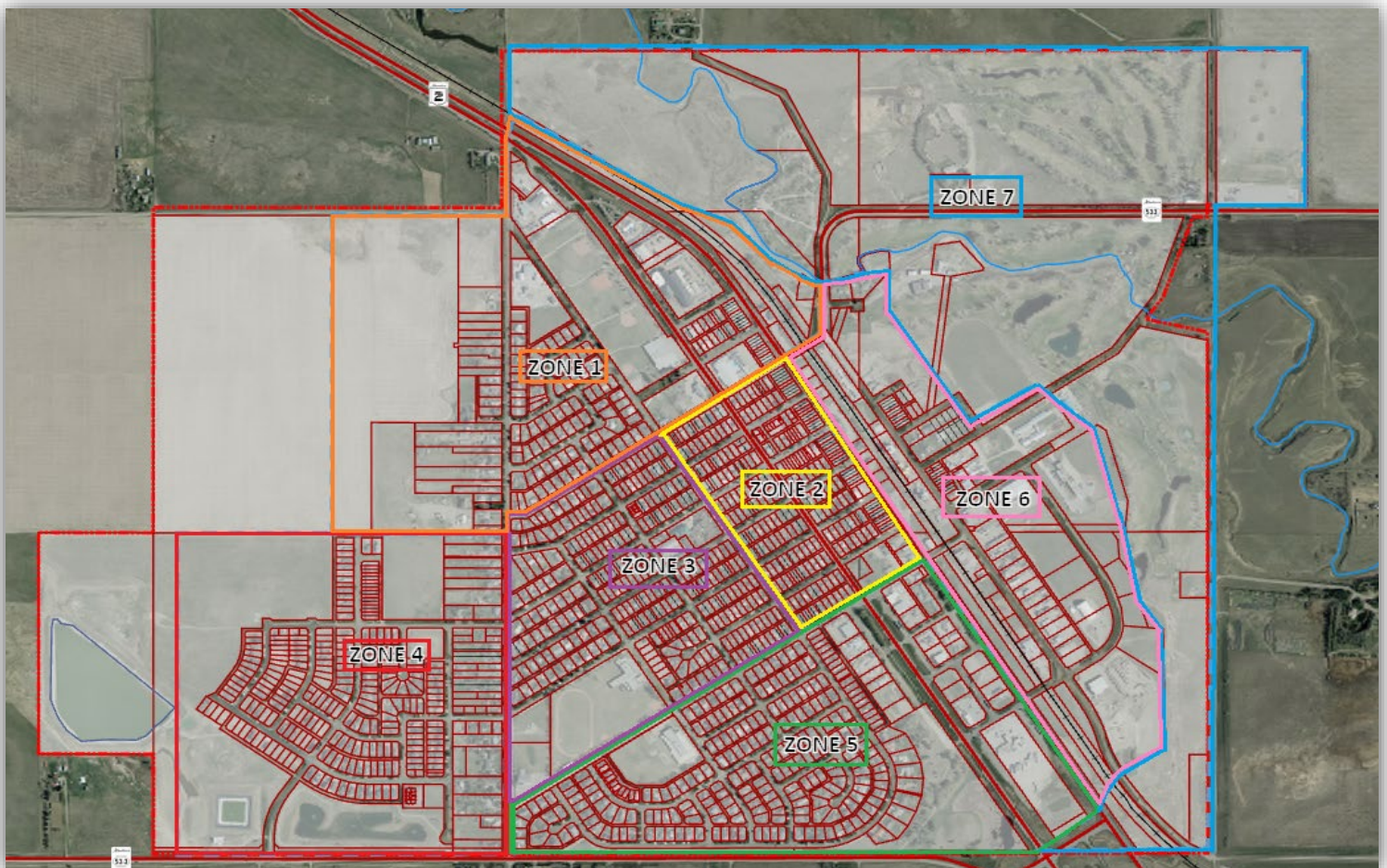
# MAKE A PLAN

- Safe exits from home and neighborhood
- Meeting places to reunite with family or roommates
- Designated person to pick up children should you be unavailable
- Contact people close-by and out-of-town
- Health and insurance information
- Places for your pet to stay
- Risks in your region
- Location of your fire extinguisher and water valve
- Location of your electrical panel, gas valve and floor drain

## Evacuation Zones

To ensure an orderly and time effective evacuation, the Town of Nanton has been divided into seven (7) evacuation zones. Some aspects of the zones that you will want to familiarize yourself with are where your home, work, daycare, schools and/or seniors' homes are located. It is also important to identify zone locations of individuals you might be helping to evacuate. Review the map and identify which evacuation zones are relevant to your personal evacuation plan.

- **Zone numbers DO NOT indicate priority.**
- **Zones will be evacuated by highest assessed risk.**



In an emergency the Emergency Reception Centre (ERC) is located at:

### 1. Nanton Community Centre - 2201 18 Street

If the Community Centre is inaccessible and/or additional reception centres are needed, they will be located at the following locations in order or priority as follows:

2. Tom Hornecker Recreation Centre – 2122 18 Street

3. A.B. Daley Community School – 2409 24 Avenue

4. J.T. Foster School – 2501 22 Street

If you choose an alternate location to evacuate to other than the reception centre, like the home of a friend or relative, you **MUST NOTIFY** the town office at 403-646-2029, so we can account for your location and safety. Where to Go – Out of Town should the in-town reception center need to evacuate to another community, directions on where to go and how to get there will be provided at the designated in-town reception centre. The reception centre volunteers will direct residents where to go.

### How to Communicate when you have Evacuated (Home or Business)

One vital component to this process is Communication. Communicating the safe evacuation of your property to emergency response personnel will reduce the time they spend in the evacuation zone making sure it is evacuated. The image below is an example of the **I HAVE EVACUATED** sticker. In the event of an evacuation this sticker should be stuck to your front door or front window that faces the main street. If you have pets, you are unable to bring with you, please list them on the **PETS INSIDE** sticker and place on the front door or front window.



In an emergency, by having some basic supplies available, and knowing what to do and where to go, you will be more physically and mentally prepared.

### Create a plan that outlines how you and your household will stay connected and reunite if an emergency occurs while separated.

- ❖ Establish three meeting places. One near your home, one outside of your immediate community and one out of town. Save your households meeting locations on your phone's mapping application.
- ❖ Designate an out-of-town contact as a central point of contact. Make sure all members of your household know who to contact and how to contact them.
- ❖ Establish a support network of friends, relatives, health-care providers, co-workers and nearby community members who understand your households needs.
- ❖ Consider adding personal details for household members into the plan, such as medical conditions, allergies, surgeries, medications, recent vaccinations, etc.
- ❖ Create print and digital copies of your communications plan. Ensure your household and support networks have copies.

# BUILD A KIT

## ***72-Hour Emergency Kit***

The 72-hour kit will ensure that you and your family can support yourselves for three days in an emergency situation.



## **Personal Documents and Items**

- ❖ Cash in smaller bills
- ❖ Copies of important documents (passports, photos, insurance etc.)



## **Special Needs Items**

- ❖ Infant needs (diapers, formula, bottles etc.)
- ❖ Prescription medication
- ❖ Extra pair of prescription glasses or contact lenses
- ❖ Pet items (food, leash, muzzle, medication etc.)



## **Equipment**

- ❖ Wind up or battery-operated flashlight and batteries (replace batteries every year)
- ❖ Extra clothing (including warm items) blankets or sleeping bags.
- ❖ Multi Tool
- ❖ Whistle, face masks, phone charger, extra batteries etc.



## **Food and water**

- ❖ Four liters of drinking water per person per day
  - ❖ Non-perishable food
- (Remember to check and replace food and water once a year)



## **Toiletries**

- ❖ First Aid kit and toiletries



# STAY INFORMED

[www.nanton.ca](http://www.nanton.ca) or Facebook - Local information

[511 Alberta](#) – Travelers information, know before you go.

[Alberta Wildfire](#) – Stay current on Alberta's wildfire situation.

[WeatherCan](#) – Weather alert notices for your area, and other locations you choose;

[Alberta Rivers: Data and Advisories](#) – Latest information about Alberta's rivers, including flood advisories.

[Alberta Government apps](#) – AQHI Canada, Alberta Fire Bans, AEMA, Alberta Alert

[Alberta Government advisories](#) – For health events, disasters and public safety on crown land.

## Government of Alberta

Instagram: [YourAlberta](#)

Facebook: [YourAlberta](#)

X (Formerly Twitter): [@ABPublicSafety](#)

X (Formerly Twitter): [@YourAlberta](#)

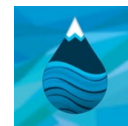
## Public Safety Canada

X (Formerly Twitter): [Public Safety Canada](#)

X (Formerly Twitter): [Get Prepared](#)

Facebook: [Emergency Ready in Canada](#)

YouTube: [Safety in Canada](#)



Visit [Alberta.ca/BePrepared](http://Alberta.ca/BePrepared) or scan the QR code to learn about:

- What to do before, during and after an emergency
- Building an emergency kit and gathering supplies
- Making an emergency plan
- Pet Preparedness
- Rural and farm animals/livestock preparedness
- Sheltering in place
- Evacuating
- Hazard specific information on tornadoes, floods, wildfires, extreme heat and more

# WHAT TO DO...

## BEFORE AN EMERGENCY

### BE PREPARED

- ▶ Know the risks/hazards in your area
- ▶ Make a Plan
- ▶ Build a Kit
- ▶ Stay Informed

### COMMUNITY

- ▶ Get to know your neighbors

### FINANCIAL PREPAREDNESS

- ▶ Speak to an insurance agent about your specific needs
- ▶ Know your insurance policy. Make sure your home, vehicle, business and belongings are protected.
- ▶ Keep cash handy in case banking services are unavailable.
- ▶ The Insurance Bureau of Canada is available to answer questions. For more information on insurance preparedness visit [ibc.ca](http://ibc.ca).

## DURING AN EMERGENCY

### SHELTER IN PLACE

- ▶ Authorities may direct you to shelter-in-place. If this happens you should stay where you are and follow their directions.

### COMMUNITY

- ▶ If something happens in your neighborhood, ask yourself these questions:
  - ▶ Who might need extra assistance?
  - ▶ Who can you ask to check on your pets?
  - ▶ Who is first aid-certified?
- ▶ Getting to know the people in your community can help everyone.

### STAY INFORMED

- ▶ Ensure you are monitoring the Alberta Emergency Alert app so you are always up to date with the latest information.
- ▶ If you are able to check your community's website or social media channels for update information.

### EVACUATION ALERTS AND ORDERS

- ▶ Evacuation Alert – warn the public of a potential or current threat. If an alert is issued, you should prepare to evacuate.
- ▶ Evacuation Order – are used when the public must leave the area for their own safety.

### PROTECT YOUR PETS

- ▶ A ready to go pet bag stocked with collar, leash, 2 weeks supply of food and water and medications if required.

### IF THERE IS TIME

- ▶ Protect your home, in some cases authorities will give instructions to shut off water, electricity or gas depending on the emergency or disaster, but do not shut them off unless instructed too.
- ▶ Update your out-of-town contact on the situation if you get separated from family and friends.

# AFTER AN EMERGENCY

## RECOVERY IS A PROCESS

- ▶ This includes actions you take to repair and restore your life after an emergency or disaster.
  - Removing waste and debris
  - Contacting your insurance company
  - Replacing lost or destroyed documentation
  - Getting mental health support

## COMMUNITY

- ▶ Having a sense of community and people you can lean on is an important part of recovery.

## RE-ENTRY

- ▶ If you had to evacuate, you can't return home until the authorities have told you it is safe to do so.
- ▶ In some cases, re-entry can involve a brief return home to inspect damage, please keep in mind the following:
  - ▶ DO NOT ENTER YOUR HOME OR PROPERTY IF:
    - An expert has not deemed it safe to do so
    - Any part of the structure has collapsed
    - The structure is off its foundation
    - The main power switch was not turned off prior to flooding
- ▶ Use extreme caution at all times.

## YOUR MENTAL HEALTH

- ▶ Disaster can affect people in many ways, sometimes we have emotional responses right away or weeks later. Monitor yourself and your loved ones for signs of distress, which could include:
  - Difficulty sleeping
  - Emotional outbursts
  - Anxiety
  - Depression or unexplained physical issues
- ▶ If these signs appear, make sure to talk about them and seek advice from a professional.

## FINANCIAL PREPAREDNESS

- ▶ Speak to an insurance agent about your specific needs.
- ▶ Prepare a detailed list of all your belongings
- ▶ Know the 7 steps for making a home insurance claim

### Sign up for Alberta.ca account

- Set up an Alberta.ca account then register your household and pets in [MyAlberta.ca](https://myalberta.ca)
- Emergency Registration System (MAERS). Registering in advance will help Emergency Social Services (ESS) quickly access your information in ESS centres (e.g. Reception center or evacuation center) to identify the needs of each household during an emergency or disaster.



Visit  
Alberta.ca/Be Prepared

