



EMERGENCY ACTION PLAN

Are you Prepared?

Your best strategy in dealing with a disaster is to be as prepared as possible.



HOME ADDRESS: _____

EMERGENCIES..... DIAL 9-1-1

- Fire, Police, Ambulance..... **9-1-1**
- Gas Emergency – ATCO Gas..... **403-646-2365**
- Electrical Emergency – FORTIS **310-(WIRE)9473**
- Poison Control Centre **1-800-332-1414**
- Health Link **8-1-1**
- Community & Social Services **2-1-1**
- Alberta Transportation Information **5-1-1**
- Alberta Health Services Mental Health Help Line **1-877-303-2642**

Public safety locations

Knowing where you can go for help is important. Public safety locations can be a centralized location for information and support for your community.



Fire station

Address: 2504 21 Ave
403-646-2526



Police station

Address: 2501 21 Street
403-646-5722



Medical facility

Address: 2214 20 Street
403-646-2218



Hospital

Address: 221 43 Ave West Claresholm
403-682-3700
Address: 560 9 Ave Southwest High River
403-652-2200

Stay connected

Plan how you will contact family and loved ones if a disaster or emergency strikes. Write down key emergency contact information and include a list of immediate family members, friends and out-of-area contacts. Choose an out-of-area contact who can help your household reconnect during an emergency, as it may be easier to make long-distance calls if local phone lines are overloaded.

Important phone numbers

1. Name:

Phone number: _____

2. Name:

Phone number: _____

3. Name:

Phone number: _____

4. Out-of-area name:

Out-of-area phone number: _____

Family reunion plan

Designate two common meeting places for everyone in the family to meet in the event of an emergency. Choose one location near your home (Primary Address) and one location outside of your community (Secondary Address).

Primary Address: _____

Secondary Address: _____

Emergency Reception Centre: Alberta Emergency Alert will notify you where an emergency reception centre will be set up.

Evacuation

If you are instructed to evacuate, please do so at once. Follow directions from emergency personnel and before leaving your home, follow these important steps:

- Shut off utilities if instructed to do so.
- Take your emergency supplies, including important documents and medications.
- Bring your pets and emergency pet supplies with you.
- Lock up your home.
- Register at a designated information centre or reception centre.
- Monitor TV, radio or www.nanton.ca for further instructions.

Shelter-in-place

In certain circumstances you may be instructed to “shelter-in-place”.

This means that you would take shelter inside your current location, whether that’s your home, workplace, vehicle or wherever you happen to be.

The following steps will help maximize your protection:

- Close all windows and doors.
- If you see or suspect a hazardous materials release, turn off fans and close all vents. Tape a garbage bag over them to keep gases, vapors or smoke out. If you are in a vehicle, turn off fans and close all vents.
- Keep your emergency supplies with you, including **a radio and a cell phone.**

Preparing for Emergencies



Medical information

Having important medical information for your family handy is critical in case you need to leave your home and access medical help.

Physician

Name: _____

Phone number: _____

Pharmacy

Name: _____

Phone number: _____

Health card information

1. Name: _____

Health Card #: _____ Province: _____

2. Name: _____

Health Card #: _____ Province: _____

3. Name: _____

Health Card #: _____ Province: _____

4. Name: _____

Health Card #: _____ Province: _____

Medications

1. Name: _____

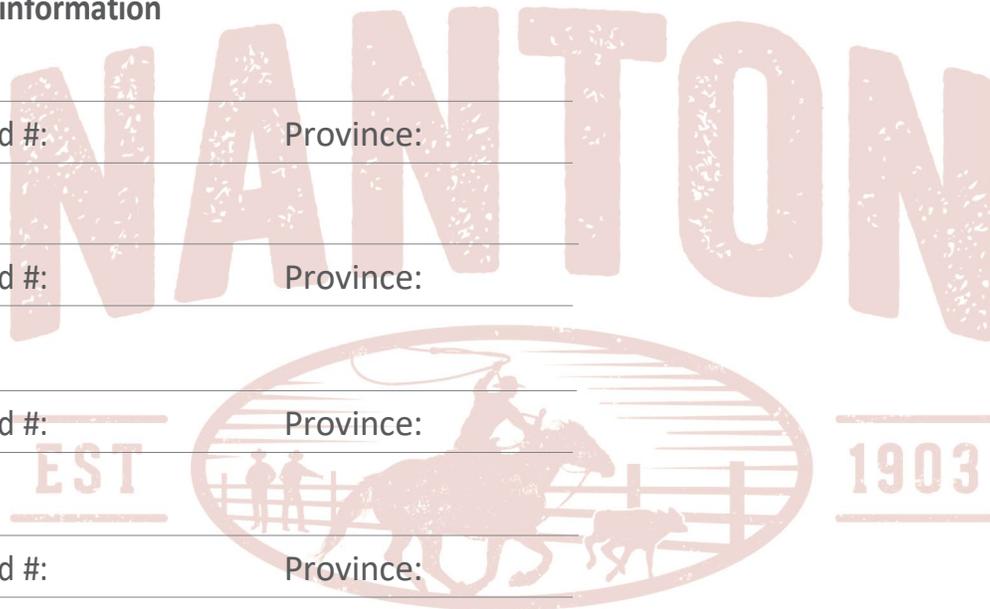
Medication: _____ Dosage: _____

2. Name: _____

Medication: _____ Dosage: _____

3. Name: _____

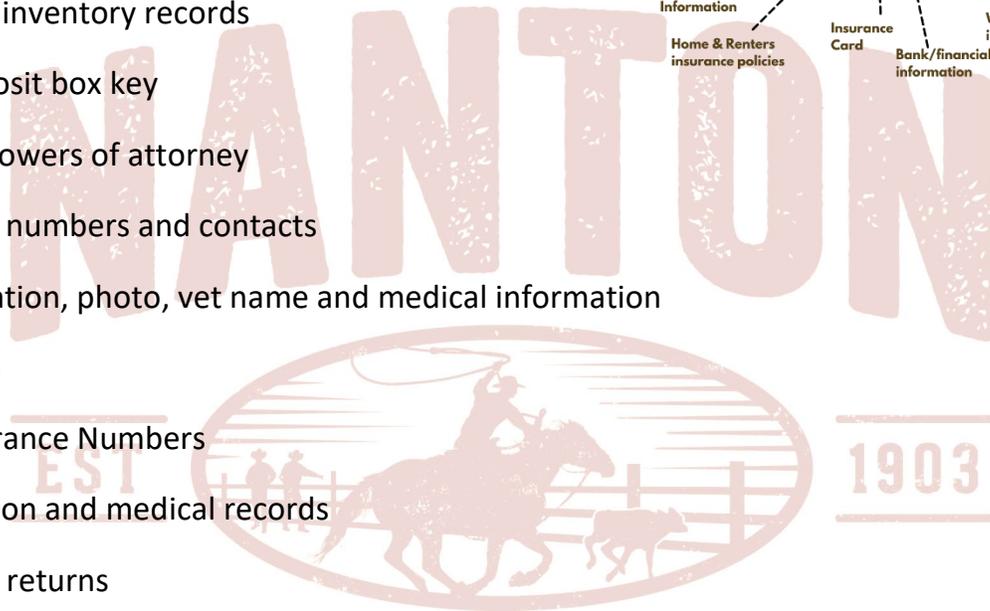
Medication: _____ Dosage: _____



Important documents

Keep copies of important documents in a safe and accessible place. Consider including digital copies of documents, photos and anything else you might want to keep.

- Passports
- Birth Certificates
- Marriage Certificate
- Insurance Policies
- Educational Records
- Bank Account numbers
- Household inventory records
- Safety deposit box key
- Wills and powers of attorney
- Credit card numbers and contacts
- Pet registration, photo, vet name and medical information
- Warranties
- Social Insurance Numbers
- Immunization and medical records
- Income tax returns
- Recent photos of family members
- Health care numbers
- USB back-up of electronic files and photos



Learn more about how to prepare your family and home for an emergency. To find out how to prepare, how to stay safe during an emergency and what to expect after, visit alberta.ca/emergency-preparedness

72-Hour Emergency Kit

In the event of an emergency, responders may be busy assisting those in immediate danger. The 72-hour kit will ensure that you and your family can support yourselves for three days in an emergency situation.

Personal documents and items

- Some cash in smaller bills
- Copies of important documents

Special needs items

- Infant needs (diapers, formula, bottles etc.)
- Prescription medication
- Extra pair of prescription glasses or contact lenses
- Pet items (food, leash, muzzle, medication etc.)



Equipment

- Wind up or battery-operated flashlight and batteries (replace batteries every year)
- Wind up or battery-operated radio and batteries (replace batteries every year)
- Extra clothing (including warm items) and blankets or sleeping bags.

Food and water

- Four liters of drinking water per person per day
- Non-perishable food
(Remember to check and replace food and water once a year)



Toiletries

- First Aid kit and toiletries

For a complete list of suggested supplies, visit alberta.ca/emergency-preparedness or www.nanton.ca

Stay informed

It is important to be able to gather news and updates from trusted sources during a disaster.

Websites

www.nanton.ca

www.weather.gc.ca

Apps and Alerts

alertready.ca

emergencyalert.alberta.ca

Social media



facebook.com/Nanton



Acknowledgements:

